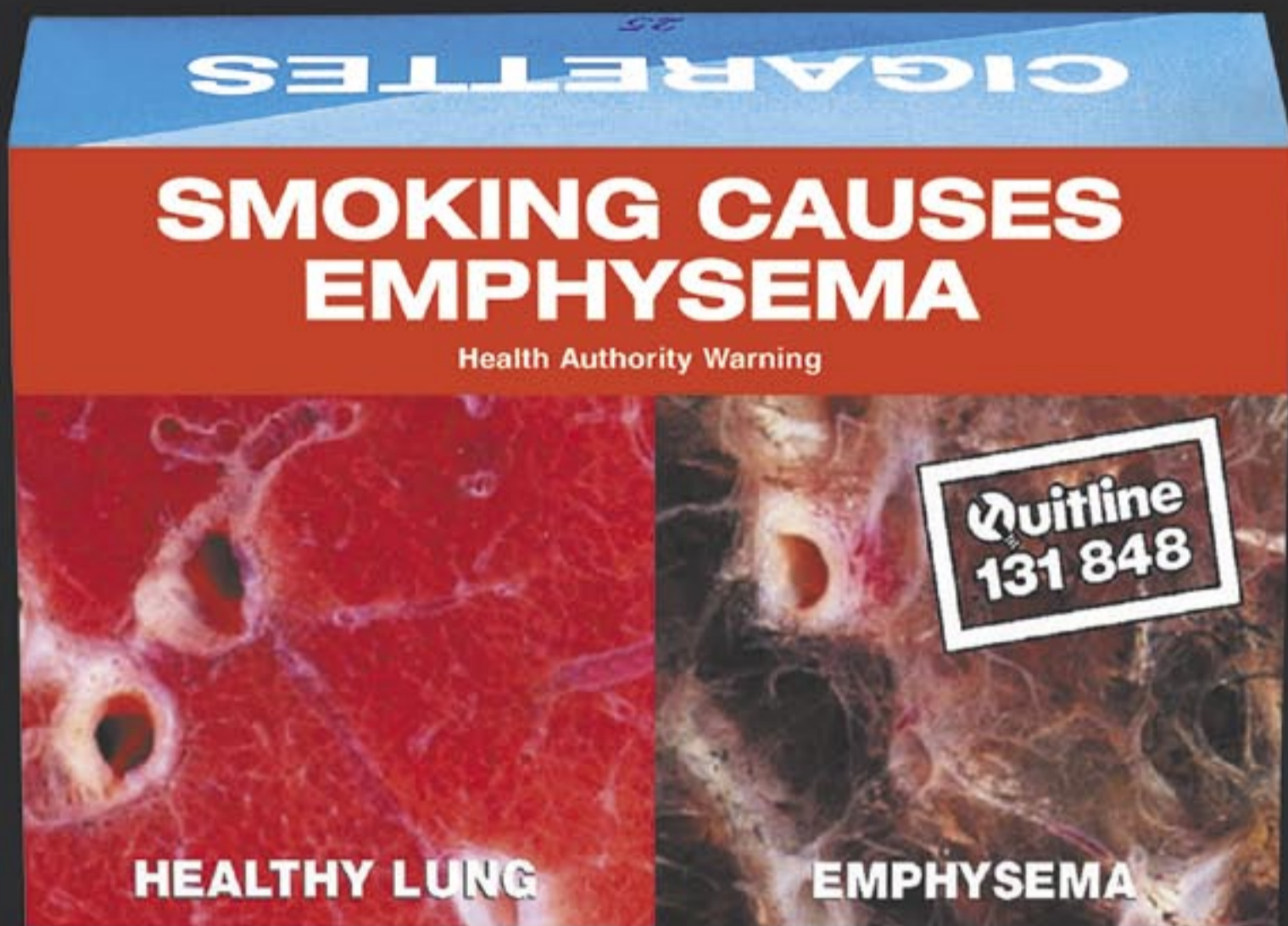


The effects of smoking are now plainer to see



Emphysema is a disease where the airsacs in the lungs are gradually destroyed, making it hard to breathe. Sufferers describe it as a living, breathing hell. Nearly all emphysema is caused by tobacco smoking.

You CAN quit smoking. Call **Quitline 131 848**, talk to your doctor or pharmacist, or visit www.quitnow.info.au

25



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